

CLASS DESCRIPTIONS

Sapphire-Studio
2020-2021

PRE-LEVEL BALLET/TAP

A beginner level class for students who are new to dance and have never taken dance lessons before (suggested ages 2-4). Students will spend the first half of class learning proper body form and ballet vocabulary, while also learning to listen to music and match their body movements to the rhythm. During the second half of class students will learn beginner tap steps and vocabulary, learning the ability to create sounds with different parts of the foot. Focus will be more on basics and education, and less on choreography and memorization. Pink or Tan tights with a black leotard, pink ballet shoes and Velcro tap shoes.

PRE-LEVEL HIP HOP/ACRO

A beginner level class for students who are new to dance and have never taken dance lessons before (suggested ages 2-4). Students will spend the first half of class learning to listen to music, match their body movements to the rhythm, incorporating self expression and freestyle. During the second half of class students will focus more on strength, flexibility and basics of acro. No tights with leotard or two-piece fitness wear, bare legs for safety and spotting with no shoes.

LEVEL 1 TAP

A beginner-intermediate level class of students who have 1+ years of prior tap or clogging experience (suggested age of 4-8). This class will focus heavily on basic tap ability and begin to focus on creating rhythm with the feet. Students will learn to hear the difference in sounds and understand how foot placement affects this. Students will also begin to work on vocabulary vs. execution, and choreography memorization. Tan tights with black leotard, can also wear shorts or form fitting jazz pants/leggings, tap shoes.

LEVEL 1 BALLET/JAZZ

A beginner-intermediate level class of students who have 0-2 years of prior ballet or jazz experience (suggested age of 4-8). Students will begin class working on the ballet barre, learning proper body placement as the body is used and moved into different positions. Following barre warm up they will work center floor or across the floor with leaps, jumps, and turns. The second half of class will be focus on stretching the body center floor and jazz dance exercise both across the floor and center. Pink tights with black leotard, pink ballet shoes and tan or black jazz shoes.

LEVEL 1 ACRO

A beginning-intermediate level acro/gymnastics class for students who have 0-2 levels of prior experience in acro dance (suggested age of 4-8). Students will train in their back, shoulder, and leg flexibility as well as strength. They will learn bridge pushups, somersaults, handstands and other various flexibility and strength encouraging skills. No tights with leotard or two-piece fitness wear, bare legs for safety and spotting with no shoes.

LEVEL 1 HIP HOP

A beginner-intermediate level class of students who have 0-2 years of prior dance experience (suggested age of 4-8). This class is for students who prefer a more upbeat and free style of dance. This class focuses less on body structure and more on the ability to use their own style. Students can wear moveable clothing such as leggings, sweat pant, tank tops, or t-shirts with sneakers (we suggest having a pair of sneakers designated for use in class only and not outside, this will help us reduce the risk of any outside contamination and keep our students safe as possible)

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LEVEL 1 CLOGGING

A beginner-intermediate level class of students who have 1+ years of prior tap or clogging experience (suggested age of 4-8). This class will focus heavily on basic clogging skills and begin to focus on creating rhythm with the feet. Students will learn to hear the difference in sounds and understand how foot placement affects this. Students will also begin to work on vocabulary vs. execution, and choreography memorization. Shorts or form fitting jazz pants/leggings, white buck style clogging shoes.

LEVEL 2 JAZZ

An advanced level class of students who have 3+ years of prior ballet experience (suggested age of 9+). Students will start class in the center floor encouraging body flexibility and strength. Students will then go across the floor with various skills and choreography. Each class will take time to focus on either leaps or turns, including both throughout various exercises. Students will also learn choreography center floor to challenge their ability of memorization. Tan tights with black leotard, tan jazz shoes.

LEVEL 2 BALLET

An advanced level class of students who have 3+ years of prior ballet experience (suggested age of 9+). Students will begin class working on the ballet barre, learning proper body placement as the body is used and moved into different positions. Following barre warm up they will work center floor or across the floor with leaps, jumps, and turns. Students will explore farther into extensions, flexibility, and strength during their advanced level class. Pink tights and a black leotard, pink ballet shoes.

LEVEL 2 HIP HOP

An advanced level class of students who have 3+ years of prior dance experience (suggested age of 9+). This class is for students who prefer a more upbeat and free style of dance. This class focuses less on body structure and more on the ability to use the body in strong and sharp dance movements. Students will have the ability to add more of their own style to movements and practice their choreography memorization. Students can wear moveable clothing such as leggings, sweat pant, tank tops, or t-shirts with sneakers (we suggest having a pair of sneakers designated for use in class only and not outside, this will help us reduce the risk of any outside contamination and keep our students safe as possible)

LEVEL 2 ACRO

An advanced level acro/gymnastics class for students who have 3+ levels of prior experience in acro dance (suggested age of 9+). Students will continue training their back, shoulder, and leg flexibility as well as strength. They will learn and perfect skills such as kickovers, walkovers and handsprings. No tights with leotard or two-piece fitness wear, bare legs for safety and spotting with no shoes.

LEVEL 2 CLOGGING

An intermediate advanced level class of students who have 3+ years of prior tap or clogging experience (suggested age of 9+). This class will focus on technique and advanced footwork. Students will begin to incorporate their own choreography memorization while learning body placement and control. Shorts or form fitting jazz pants/leggings, white buck style clogging shoes.

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LYRICAL/ CONTEMPORARY

A mixed level 1 and 2 class (suggested age of 8+) for students who want an opportunity to experiment more with body movements and enjoy a slow, more 'emotional' style of dance. This class will focus on fluidity of the body, different ways to move the body, and the art of connecting movements to create dance choreography. This class will also focus on the idea of storytelling with the body in dance choreography. Tan tights with black leotard, no shoes required.

MUSICAL THEATRE

A mixed level 1 and 2 class (suggested age of 6+) Musical theatre is a form of theatrical performance that combines songs, spoken dialogue, acting, and dance. The story and emotional content of a musical- humor, pathos, love, anger - are communicated through the words, music, movement and technical aspects of the entertainment as an integrated whole. Comfortable clothing, no shoes required.

COMPETITION CLOGGING

A team of students who have 1+ years of prior clogging experience. This class will focus on technique along with team building. These students prepare for on stage competitions. This class does require trying out with team directors, travel and extra classes.

NOTE:

*Instructor may make suggestions for students to be moved into other classes based on their skill level even if their age does not match suggestions